

# Spiezio and Affiliates

## *Pathways to Authentic Living*

### *Counseling - Consulting - Education*

#### Counseling Services:

**New Locations and Hours Available:**

*Services expanded - to Monday through Saturday - morning, afternoon and early evening hours.*

*Downers Grove  
Hinsdale  
Elmhurst  
Roselle  
Coal City*

**Services:**

*Counseling services are available for individuals, couples, families and children.*

*Assisting each individual to live their best, most authentic life.*

**Annette Spiezio, LCPC**

**Joanna Avignone, LPC**

**Donna Cullen, M.S.**

**Nancy Lloyd, LPC**

**Contact Us:**

*By calling:  
708-743-9729 for a consult or to schedule an appointment.*



#### Consulting

Spiezio & Affiliates assists staffs, teams and overall organizations to uncover and function at their maximum capacities, while using compassion and care for the individuals that comprise the group.

**We can benefit:**

- Organizations moving through change or transition.
- Organizations seeking to increase productivity and to enhance leadership skills.
- Organizations striving to improve the quality of their culture and workplace environments.

#### Education

Spiezio & Affiliates educates groups, organizations, individuals, families and couples to achieve authentic, productive, enhanced lives.

**Presentations:**

Our focus covers 5 broad categories:

- Managing Life Changes
- Mental and Physical Health
- Money Matters
- Relationships & Parenting
- Self Growth

Visit our website [www.spiezioandaffiliates.com](http://www.spiezioandaffiliates.com)